

FALL 2020

Discovery@UCSB

Transfer– Exploration, Discovery & Linked Seminars:

Please note that if a listed seminar does not last the full 10 weeks, the drop deadline may be sooner.

INT 186AJ

- **Title:** School Psychology Jedi Academy: Supporting Social, Emotional, and Mental Health of Children
- **Department:** Counseling, Clinical, and School Psychology
- **Instructor:** 11/3/2020 17:11:53
- **Instructor Email:** Jimerson@ucsb.edu
- **Meeting Info:** Online Monday 12:00-12:50
- **Enrollment Code:** 28258

Course Description: The central aim of this seminar is to provide students with information and insights regarding the professional domain of school psychology. School psychologists have expertise in mental health, learning, and behavior, to help youth succeed academically, socially, behaviorally, and emotionally. This seminar introduces how school psychologists partner with families, teachers, school administrators, and others to create safe, healthy, and supportive learning environments. Students are encouraged to bring their lunch and actively engage in the exploration and discussions about school psychology.

Topics will include:

- 1) What is a school psychologist?
- 2) What is required to become a school psychologist?
- 3) How do I prepare if I want to go to graduate school in school psychology?

Students participating in this course will be provided with knowledge about school psychology each week during the seminar and will also be afforded the opportunity to learn about more about promoting positive peer relationships, prosocial activities, and problem solving with the Power of Play (POP) project at local elementary schools.

Bio: Professor Shane Jimerson is a nationally certified school psychologist, and recent President of both National and International School Psychology organizations. Dr. Jimerson has received numerous awards for his scholarship focused on understanding and promoting the social, emotional, behavioral, academic, and mental health of children.

You can learn more about Dr. Jimerson at https://en.wikipedia.org/wiki/Shane_R._Jimerson

You can access many of his publications at https://www.researchgate.net/profile/Shane_Jimerson

INT 186AS

- **Title:** Fitness & Wellness Leadership
- **Department:** amyjam@ucsb.edu
- **Instructor:** Amy Jamieson
- **Instructor Email:** amyjam@ucsb.edu
- **Meeting Info:** Online Asynchronously
- **Enrollment Code:** 63479

Course Description: This seminar will explore concepts of fitness. Students will receive basic instruction in exercise science and practical application of concepts. The knowledge will allow students to explore the field of fitness and wellness with emphasis on assessment application, exercise development and program design.

Bio: Amy Jamieson is the Department Chair and faculty member at UC Santa Barbara in the department of Exercise & Sports Studies. She has over 20 years experience in the wellness and fitness industry and spends most of her time working as a lecturer and educator. Amy holds a Masters Degree in Exercise and Health Science with an emphasis in performance enhancement and injury prevention. In addition, she is a certified Nutritionist through the AASDN and serves as the MyPlate Ambassador at UC Santa Barbara. Amy is the chair of the ESS Wellness Committee, responsible for creating and implementing student wellness based programs and resources including the upgraded Wellness and Fitness Institute designed to provide a platform for academic learning and student wellness education. Her broad education and experience in the field provides students with numerous fieldwork and hands-on internships in the field of health, wellness and fitness.

INT 186AW

- **Title:** Collectors and Collecting
- **Department:** Theater and Dance
- **Instructor:** William Davies King
- **Instructor Email:** king@theaterdance.ucsb.edu
- **Meeting Info:** Online Wednesday 5:00-5:50.
- **Enrollment Code:** 62000

Course Description: Students will explore the phenomenon of collecting--its history, psychology, economics, and cultural significance--with particular emphasis on the creative applications of collecting, including artistic practices and existential reflections. All students will be expected to start or continue a collection.

Bio: In addition to being a noted theater historian, Professor King is a prodigious collector and an expert on collecting. His book Collections of Nothing is part memoir/part essay on the phenomenon of collecting, and it was called one of the 100 best books of 2008 by amazon.com. He has continued his study of collecting with Tree of Life (TM), a performance piece with cereal boxes.

INT 186AX

- **Title:** What Psychotherapists Do: Exploring Psychotherapy as a Field and a Career
- **Department:** Counseling, Clinical, and School Psychology
- **Instructor:** Andrés Consoli
- **Instructor Email:** aconsoli@ucsb.edu
- **Meeting Info:** Online Wednesday 2:00-2:50
- **Enrollment Code:** 63461

Course Description: You have heard of psychotherapy; you have seen it in movies and TV. Now you are interested in knowing more about it: who conducts it, what it takes, and can this be a career for me? Come learn about the myths and realities of psychotherapy through process, outcome, and multicultural research.

Bio: Associate professor, Counseling, Clinical, & School Psychology, UCSB; distinguished visiting professor of psychology, Universidad del Valle, Guatemala; professor, SFSU (1997-2013). Fellow, American Psychological Association (Division 52: International Psychology, Division 29: Psychotherapy). President (2014), National Latinx Psychological Association; President (2007-2009), Interamerican Society of Psychology.

He is the recipient of the Interamerican Psychologist Award for distinguished contributions to the advancement of psychology in the Americas, the lead coeditor of the Comprehensive textbook of psychotherapy: Theory and practice (2017, Oxford University Press) and a coauthor of CBT strategies for anxious and depressed children and adolescents: A clinician's toolkit (2017, Guilford Press).

INT 186BB - new July 1st

- **Title:** Protest Politics
- **Department:** Political Science
- **Instructor:** Amit Ahuja
- **Instructor Email:** aahuja@ucsb.edu
- **Meeting Info:** Online Thursday 11:00-11:50
- **Enrollment Code:** new

Course Description: Protests represent citizens' voices. Protest activity has been increasing across the world over the past decade. Consider a few headline grabbing recent protest movements. The waves of anti corruption protests in Latin America, the Black Lives Matter movement as well as the white supremacists protests in the United States, pro democracy protests in Hong Kong, the citizenship protection protests in India. By drawing on the experience of these and other protest movements, the conversation in this course will engage a wide range of questions, including why protests; who protests; how do states respond to protests; when do protests change political outcomes; and how can we study protest activity systematically.

Bio: Professor Ahuja researches and teaches protest politics.

INT 186BC - new July 1st

- **Title:** Designing the Transfer Student Experience
- **Department:** Office of Undergraduate Education
- **Instructor:** Yasmine Dominguez-Whitehead
- **Instructor Email:** ywhitehead@ucsb.edu
- **Meeting Info:** Online Asynchronously
- **Enrollment Code:** New

Course Description: Students will have the opportunity to critically engage with the transfer experience in a small group setting. Students will complete reading and writing assignments on the following topics: history of the transfer student process, benefits associated with being a transfer student, distinctions between research universities and other forms of higher education institutions, and majors/minors and ways in which they are perceived. The course includes interactive activities and peer-to-peer engagement.

Bio: Yasmine Dominguez-Whitehead serves as the Transitions Director in the Office of Undergraduate Education. Her teaching and research interests include access, inclusion, and equity in higher education.

INT 186BD - NEW as of 9/4

- **Title:** The psychology of conspiracy
- **Department:** Psychological and Brain Sciences
- **Instructor:** Tamsin German
- **Instructor Email:** tamsin.german@psych.ucsb.edu
- **Day - Time - Room:** Online Tuesday 4:00-4:50
- **Enroll Code:** 77438

Course Description: Conspiracy theories explain important world events as secret plots perpetrated by powerful and malevolent groups. This seminar will discuss the anatomy of conspiracy theories and their main features, and reviews recent research on the psychological mechanisms exploited by conspiracy theories. What are the characteristics of people who might be more likely to be drawn to them? We will also address the potential consequences, positive and negative, of adopting this kind of belief system, and whether psychological research can help understand what might be the antidotes to the negative effects of conspiracy thinking.

Bio: Tamsin German is a Professor in the Department of Psychological and Brain Sciences. Her research concerns the cognitive foundations of the human capacity for understanding other people, and how it relates to other domains of human thinking, such as beliefs in the supernatural and moral judgment.

INT 186BE - *NEW as of 9/15

- **Title:** The Legal-Political Scandals of the Trump Administration
- **Department:** History
- **Instructor:** Steve Zipperstein
- **Instructor Email:** steve.zipperstein@gmail.com
- **Day - Time - Room:** Online Monday 2:00-2:50
- **Enroll Code:**

Course Description: This seminar will examine the various legal-political scandals of the Trump Administration, including the Russia investigation (and the Flynn and Stone cases), the Executive Orders regarding immigrants, and other legal-political matters. With the November election occurring during the Fall Quarter, we will analyze in real time how the outcome of the election will impact President Trump and those around him from a legal perspective.

Bio: Steve Zipperstein is a Lecturer in the UCSB Department of History. He is also a Lecturer of Global Studies and Public Policy at UCLA, a Senior Fellow at the UCLA Center for Middle East Development, and a Visiting Professor of Law at Tel Aviv University. Zipperstein has been a lawyer for nearly 40 years, including serving as a U.S. federal prosecutor in Los Angeles and as the Chief Legal Officer of Verizon Wireless and BlackBerry Ltd. He knows many of the key figures in Washington, D.C. (some for several decades), including Congressman Adam Schiff and Attorney General William Barr.