FALL 2020

Transfer—Exploration, Discovery & Linked Seminars:

Please note that if a listed seminar does not last the full 10 weeks, the drop deadline may be sooner.

INT 186AJ

- **Title:** School Psychology Jedi Academy: Supporting Social, Emotional, and Mental Health of Children
- **Department:** Counseling, Clinical, and School Psychology
- **Instructor:** 11/3/2020 17:11:53
- **Instructor Email:** Jimerson@ucsb.edu
- **Day - Time - Room:** Monday 12:00-12:50 ED 1203
- **Enroll Code:** 28258

**Course Description:** The central aim of this seminar is to provide students with information and insights regarding the professional domain of school psychology. School psychologists have expertise in mental health, learning, and behavior, to help youth succeed academically, socially, behaviorally, and emotionally. This seminar introduces how school psychologists partner with families, teachers, school administrators, and others to create safe, healthy, and supportive learning environments. Students are encouraged to bring their lunch and actively engage in the exploration and discussions about school psychology.

Topics will include:

1) What is a school psychologist?
2) What is required to become a school psychologist?
3) How do I prepare if I want to go to graduate school in school psychology?

Students participating in this course will be provided with knowledge about school psychology each week during the seminar and will also be afforded the opportunity to learn about more about promoting positive peer relationships, prosocial activities, and problem solving with the Power of Play (POP) project at local elementary schools.

**Bio:** Professor Shane Jimerson is a nationally certified school psychologist, and recent President of both National and International School Psychology organizations. Dr. Jimerson has received numerous awards for his scholarship focused on understanding and promoting the social, emotional, behavioral, academic, and mental health of children.

You can learn more about Dr. Jimerson at https://en.wikipedia.org/wiki/Shane_R._Jimerson
INT 186AS

- **Title:** Fitness & Wellness Leadership
- **Department:** amyjam@ucsb.edu
- **Instructor:** Amy Jamieson
- **Instructor Email:** amyjam@ucsb.edu
- **Day - Time - Room:** Wednesdays at 11:00 -11:00 in RecCen 2103
- **Enroll Code:** 63479

**Course Description:** This seminar will explore concepts of fitness. Students will receive basic instruction in exercise science and practical application of concepts. The knowledge will allow students to explore the field of fitness and wellness with emphasis on assessment application, exercise development and program design.

**Bio:** Amy Jamieson is the Department Chair and faculty member at UC Santa Barbara in the department of Exercise & Sports Studies. She has over 20 years experience in the wellness and fitness industry and spends most of her time working as a lecturer and educator. Amy holds a Masters Degree in Exercise and Health Science with an emphasis in performance enhancement and injury prevention. In addition, she is a certified Nutritionist through the AASDN and serves as the MyPlate Ambassador at UC Santa Barbara. Amy is the chair of the ESS Wellness Committee, responsible for creating and implementing student wellness based programs and resources including the upgraded Wellness and Fitness Institute designed to provide a platform for academic learning and student wellness education. Her broad education and experience in the field provides students with numerous fieldwork and hands-on internships in the field of health, wellness and fitness.

INT 186AW

- **Title:** Collectors and Collecting
- **Department:** Theater and Dance
- **Instructor:** William Davies King
- **Instructor Email:** king@theaterdance.ucsb.edu
- **Day - Time - Room:** Wednesday 5:00-5:50 in TD 2517
- **Enroll Code:** 62000

**Course Description:** Students will explore the phenomenon of collecting--its history, psychology, economics, and cultural significance--with particular emphasis on the creative applications of collecting, including artistic practices and existential reflections. All students will be expected to start or continue a collection.

**Bio:** In addition to being a noted theater historian, Professor King is a prodigious collector and an expert on collecting. His book Collections of Nothing is part memoir/part essay on the phenomenon of collecting, and it was called one of the 100 best books of 2008 by amazon.com. He has continued his study of collecting with Tree of Life (TM), a performance piece with cereal boxes.
INT 186AX

- **Title**: What Psychotherapists Do: Exploring Psychotherapy as a Field and a Career
- **Department**: Counseling, Clinical, and School Psychology
- **Instructor**: Andrés Consoli
- **Instructor Email**: aconsoli@ucsb.edu
- **Day - Time - Room**: Wed 200-250 in HSSB 2202
- **Enroll Code**: 63461

**Course Description**: You have heard of psychotherapy; you have seen it in movies and TV. Now you are interested in knowing more about it: who conducts it, what it takes, and can this be a career for me? Come learn about the myths and realities of psychotherapy through process, outcome, and multicultural research.


He is the recipient of the Interamerican Psychologist Award for distinguished contributions to the advancement of psychology in the Americas, the lead coeditor of the Comprehensive textbook of psychotherapy: Theory and practice (2017, Oxford University Press) and a coauthor of CBT strategies for anxious and depressed children and adolescents: A clinician’s toolkit (2017, Guilford Press).